

BUSH PRAIRIE FARM NEWS 8/26/13

What's in the Box?

Basil	Sweet peppers	Broccoli
Green and red lettuce	Hot peppers	Tomatillos
Zucchini	Green beans	Bok choy
Cucumbers	Carrots	Eggplant
Cabbage	Garlic	Potatoes
Tomatoes	Green onions	Swiss Chard

Hot peppers this week – Inferno banana(mild), Early Jalepeno – (medium hot)5,000 on the Scoville scale for hot peppers. Pasilla Bajio– (mild) Almost no heat. Chenzo,(hot)45,000 on the Scoville scale..small red ones

Remember -you can chop the pepper (up and freeze them for later use.

Kathleen is in Chicago this week so I get to do the newsletter and since I don't do the cooking, will be a grower update. This is Cherry tomato week! They are ripe and many tastes. Some of the smaller red ones have a very sweet taste. I would expect about three weeks of good heavy production. Finally more larger ones, but the foggy morning weather from last month has taken its toll on the heirlooms as disease set in, so fewer of those. Basil is in heavy production so if you want a batch for pesto let us know. We will have a couple weeks of limited greens... tatsoi, bok choy and even lettuce due to heat, but another crop not far behind. Should have a couple weeks of corn if the Raccoons stay away.. maybe next week. Just a reminder to use those green peppers in everything you can.. high in vitamin C

Reminder we have eggs !

Pictures of vegetables are on the CSA tab at www.bushprairiefarm.com

Please return your box on the next delivery day.