

BUSH PRAIRIE FARM NEWS 9/02/13

Farm News

The dry onion harvest has begun and this is our best year yet. These are the Walla Wallas, yellow, white, and red onions that form large bulbs and if you are like us, used almost everyday in whatever is for dinner. First, we wait for the greens to flop over—a sign that the bulb is fully formed. This year seems later than usual and we ended up flopping most of them over by hand. Then, we gently pull them up and let them lay in the sun. We had some rainfall overnight so will pick them all up and put them inside to continue the drying process. When the stem is completely dry with absolutely no green left, we trim the leaves off and the onions are ready to store. Onions that send up a blossom do not store well—these are the bulb onions in your box this week. We did not cut the greens off because the onion will start growing again. Best to cut the greens when you are ready to use the onion. There is a small amount of corn to share this week—to be eaten right away. The potatoes are fingerlings which do not store for long.

What's in the Box?

Cilantro	Tomatoes	Broccoli
Green lettuce	Sweet peppers	Tomatillos
Red lettuce*	Hot peppers	Eggplant
Zucchini	Green beans	Potatoes
Cucumbers	Garlic	Corn
Beets	Green onions	Walla Walla/Yellow Onions

Hot peppers this week – Inferno banana, jalepeno, big and small cayenne
Remember -you can chop the pepper up and freeze them for later use.

Spicy Roasted Eggplant

½ c. packed fresh cilantro sprigs, chopped

¼ c. olive oil

2 Tbsp. lemon juice

2 tsp ground cumin

1 tsp ground coriander

Pinch of ground cinnamon

Stir together.

1 large eggplant cut in ¼ inch slices

Brush cilantro mixture on both sides of eggplant slices and transfer to greased baking pan. Broil eggplant 5-6 inches from heat until golden and cooked through, about 10 minutes. Salt and pepper to taste.

Serves 4.

You may need to have this recipe per the amount sent in the box.

Reminder we have eggs !

Pictures of vegetables are on the CSA tab at www.bushprairiefarm.com

Please return your box on the next delivery day.