

BUSH PRAIRIE FARM NEWS 09/10/18

From the Farm

Ahh...fall is creeping in. Cooler mornings, darker earlier, and the first leaves falling. We still have lots of vegetables, but some may not last as long as they did earlier in the season. This weekend, we pulled up old bush beans vines, pulled weeds from the onion beds, and planted clover as a cover crop in all of those beds. Clover is one of many crops that replenish the nitrogen depleted from the soil during the season.

We have five 100+ year old apple trees on the property and the first tree is ripe—with more to come in a few weeks. Let us know if you want to come pick some.

What's in the Box?

Salad Onions	Cherry tomatoes	Zucchini	Green Beans
Mixed lettuce	Main Tomatoes	Cucumbers	Bok Choi
Corn	Hot Peppers	Tatsoi	Fingerling Potatoes
Elephant Garlic	Dry Onions	Sweet Green Pepper	Asian Greens
Parsley	Broccoli		

Dry Onions

Walla Walla Sweet

Red

Alysa Craig (Yellow) – largest one in your box

Zoey (White)

Hot Peppers

Italico – mild

Mexibel – mild

Mad Hatter – mild

Lemon Drop - hot

Chenzo – hot

Jalapeno – medium

Anchor - mild

Our Favorite Broccoli Salad

2 cups broccoli heads and stems

¼ c. chopped red onion

¼ c. sunflower seeds

¼ c. raisins or raisins

1/3 c. mayonnaise

1 Tbsp. cider vinegar

1 Tbsp. sugar or honey

½ tsp. salt

Mix the broccoli, red onion, sunflower seeds, and dried fruit. Whisk the mayonnaise, vinegar, sugar/honey, and salt together. Stir into the vegetables and refrigerate for an hour or so to let the dressing soak into the broccoli.

Please return your box at the next pick-up. Thank you!