

BUSH PRAIRIE FARM NEWS 8/19/2019

From the Farm

We planted basil, cauliflower, and broccoli and we started pulling up the 'dry' onions to begin the curing process. All of the talking to the corn to ripen may bring it to your box next week. We are planning where to plant garlic for next year---this is a crop that requires rotation to avoid disease. And, it requires that as farmers, we record where we have planted vegetables and when. So, have we found a place to plant next year's garlic? Yes, between the center tunnel and the super tunnel.

What's in the Box?

Hot Peppers	Tomatoes & Cherry Tomatoes	Green Beans
Eggplant	Asian Greens	Sweet Peppers
Green Onions	Lettuce	Bok Choy
Tomatillos	Zucchini	Cucumbers
Tatsoi	Elephant Garlic	Ailsa Craig Onion
Carrots	Red or Green Cabbage	

Hot Peppers

Hot Sunset – yellow, long - spicy
Mexibell – red round - spicy
Peter Red – wrinkled red
Long Cayenne – red, thin, long - hot
Cajun Belle – small, round red - spicy
Jalapeno – green cone – mild to medium

Elephant Garlic

It is not a true [garlic](#), but actually a variant of the garden [leek](#). The flat [leaves](#) are like those of the leek, but forms a bulb consisting of very large, garlic-like cloves. The flavor of these, while not exactly like garlic, is much more similar to garlic than to leeks. The flavor is milder than garlic, and much more palatable to some people than garlic when used raw as in salads. We like it sliced and roasted with other vegetables.

Eggplant

There are many recipes for Asian eggplant on the internet. They often call for ingredients like oyster sauce and other Asian items that we don't typically stock. So.....we usually cut the eggplant in 1-2" chunks, coat with a little olive oil, and roast with other vegetables—either on the Trager which is a smoker/cooker or in the oven. Just apply a little olive oil and salt and pepper. Love, love, love the texture of this vegetable.

Take a look at www.bushprairiefarm.com under the CSA tab for labelled pictures of the vegetables in this week's box.

Thank you for returning your empty box on next week's delivery day.